

Don't let your children drink colas

It has been finally realized that the problem we are having with the obesity in this world today is because those who are obese, have acidic bodies.

The following is what Dr Warberg the Nobel prize winner said.....

Dr. Otto Warberg received the Nobel Prize for discovering the cause of cancer - this being lack of oxygen which is low alkaline pH. No disease can exist in an alkaline environment. Japanese medicine has proven this over the last 15 years.

He says no disease can exist in an alkaline body. Obesity is a disease, so with this information all we need to do is bring our pH level to slightly higher. 7.365 is neutral and the number you should aim for. Simple as that.

Let us look at other diseases that many are having by having an acidic body. osteoporosis, diabetes, high cholesterol, hypertension, arthritis, and acid reflux and many other maladies.

If the body is in an alkaline state you will find you will not only be healthy, but you will feel healthy.

In an acidic body you will have your body storing acidic wastes, because the body has not the ability to remove them. By flushing out the free radicals and the toxins with an alkaline cleanse your colon is able to work at top efficiency.

So we are aware of this massive problem, what are we going to do about it?

An acidic body has no way to have anti-oxidation. The free radicals are in there destroying our systems. So the most important thing we can do is, instead of allowing our bodies to remain in an acidic state, we must turn it into an alkaline body then life would be much sweeter.

I want you to ask yourself these two questions.

When you were going to high school were there many students fat, secondly, did you lose friends to cancer?

Look around you today, the fat people outnumber the healthy people by a large margin.

Something has changed for the worse hasn't it?

As you maybe know, each generation has lived longer than the previous one, in fact not too long ago it was suggested that we might even live till 150.

Well I am sad to inform you, the experts are now saying, our children are unlikely to live as long as us. Check here.

I want you to view this video, you will then see the main reason for this important change. The video is only 1 minute and 13 seconds, however it is probably the most important video you have ever seen, as to your children.

Getting back to the children, take a look at this video and then you will never allow

your kids to drink colas or other so-called soft drink ever again. Here it is again.

This is a fast video only 1 minute and 13 seconds so your strict attention is needed.

If there is no Kangen water around, the body has to protect itself, it therefore steals the calcium it needs from the bones and teeth.

This video really lays the law down. Did you see how much Kangen water was required to neutralize that Sprite?. It takes 32 glasses of Kangen water to get your child's body functioning again as it should after drinking colas. . Sprite has a pH level of 2.5, the body needs 7.365, there is a lot to make up, so the body in it's wisdom takes whatever it needs from where ever it can and doing harm to itself because our blood has to flow..

Whoever in this world, told your children to drink these "Big Gulps"
Wasn't that a terrible message to deliver?

If your child is obese, wouldn't it be a great idea to get him/her healthy.

We all know the abuse these kids take, if they are obese, we know kids can be cruel name calling.

If your child is obese, he or she is suffering silently and they become withdrawn.

Do you want them to be slim and healthy. Ask yourself will they change if you tell them to stop drinking colas? No they won't!! That's the way it is.

Here is a suggestion that is working with many mothers..... Make them responsible. Have them test themselves. Leave it to them, don't interfere.

In order to find out how acidic their body is, (this proves to the child, why he/she is obese).

What are some good ways to improve the acidity/alkalinity of your body?

Here is a comment I had to one of my blogs....

I've been testing my pH for years now and like the article says, its very easy to get good pH strips and the testing takes 2 seconds. I encourage everyone to give it a shot. It definitely changed my life....

Let them Test Themselves, and you test Yourself.

To find out where you stand in the acid/alkaline balance, test your own body's pH level.

This is easily accomplished by purchasing pHydron paper, which is available at most health food stores. Test your saliva first thing in the morning by spitting in a spoon and dipping the end of a pHydron test strip. Write down your pH. The optimum saliva should be 6.8 to 7.2

Then test your urine first thing in the morning. Simply pass the end of a pHydration strip quickly through the stream of urine, and record your pH.

By doing this, the child by himself/herself will gain the knowledge required.

If your first urine or saliva is lower than 6.8 you are deficient in alkaline buffers and need to become more alkaline. Keep testing yourself every day until you restore balance to your body.

If your pH is very acidic, you know that you need to drink more alkaline water and eat alkaline foods. This way you can constantly monitor the health of your body and stay on top of any problems that could arise due to having an overly acidic body!

To read testimonials how the water has helped so many people here on this continent, [CLICK HERE](#)

Your child wants to be healthy, leave him/her alone, just supply the strips and have a Kangen Water unit.

Here is an explanation of what the Kangen water unit does.

Just one more point. Acidic wastes.

When a person puts on weight, because of the body not having time to cleanse as it should do, the body starts placing acidic wastes in various locations in the body system.

This sort of thing happens to many people. If only John Wayne and Elvis Presley had known, they each had over forty pounds of compacted waste in their colons, and had it there for many years. Can you imagine that.. Their colons were just not working as they should and most likely they both had suffered for years and never knew the reason.

Now that you know, please don't make the mistake those two made. Take a colon cleanse by drinking lots of Kangen Water.

Here is a further important message. Simply This tells why we age. [click here](#)

To read testimonials how the water has helped so many people here on this continent, [CLICK HERE](#)

Please click on these ARTICLES

[Vegetables](#)

[Bottled water](#)

[Kangen](#)

[Kids](#)

mission

opportunity

Get the free Windows Media Player

Please click on the picture

Understanding this message is the first step to having a healthy body, I sincerely ask you to act on this.

You are welcome to ask questions, either by telephone 604-536-6813 or by email noviorbis@telus.net Should I not be able to answer your questions, I will find the answers for you

About the Author

Noviorbis is the author of many articles. Please visit <http://thisisyourbusiness.net/warning> <http://thisisyourbusiness.net/chlorestrol>

Source: <http://www.healthcrazed.com>